# Who are the Community Family Support Service?

Family Support by SCTSP delivers the Community Family Support Service to families across South Staffordshire and Stafford.

Our aim is to ensure families receive the right support, at the right time, in the right place - whether in the family home, school, or a Family Hub.

## What we offer: Tier 2 Family Support

- One-to-one, hands-on practical support
- A named Family Support Worker to coordinate help across schools and other services
- Completion of an Early Help
   Assessment (EHA) and creation of an
   Early Help Plan (EHP)
- Close working with professionals and agencies to achieve positive outcomes

#### Support available whilst you wait

Here are some helpful services and resources available in Staffordshire.

#### **Staffordshire Connects**

Find local support, advice and community services for families.

#### **Stay Well**

Supports emotional wellbeing for children and young people aged 5-18 (up to 25 with SEND)

#### **Children's Centres (Under 5's)**

Offering support for families with young children to give them the best start in life.

# Staffordshire & Stoke-on-Trent Wellbeing Service

Free mental health support for adults.

#### **SENDIASS**

Free, confidential advice about Education, Health and Social Care for children and young people with Special Educational Needs and Disabilities.

More information on these services and how to access them can be found at:

https://staffordshireconnects.info

#### Support available whilst you wait

Here are some helpful services and resources available in Staffordshire.

#### **NSPCC Building Connections**

A befriending service helping young people who feel lonely build confidence and resilience.

#### **New Era**

Confidential support for anyone affected by domestic abuse in Staffordshire or Stoke-on-Trent.

#### <u>Families Health and Wellbeing</u> <u>Service (0-19)</u>

Health visitors and school nurses offering a range of health and wellbeing support for families.

More information on these services and how to access them can be found at: https://staffordshireconnects.info



#### Advice and guidance on:

- · Strengthening family relationships
- Parenting strategies
- · Preparing children for school
- Emotional and social development
- Staying safe at home and in the community
- Mental and physical health
- Managing the cost of living
- Substance misuse and recovery
- · Housing, benefits and financial stability
- Domestic abuse, exploitation, and crime prevention

### What families say

"My key worker helped with making referrals into the most appropriate services."

"I am now feeling very positive- I felt listened to, and the practical support really helped my confidence and ability to move forward."

#### How to make a referral

Anyone can refer a family to the Community Family Support Service. Visit www.staffordshireconnects.info and search 'CFSS'



#### Contact us

Paycare House, George St, Wolverhampton WV2 4DX

01902 382288

admin.fss@sctsp.org.uk

www.sctsp.org.uk

## **Urgent Help**

Community Family Support Service is not a crisis service.

For urgent concerns about a child's safety:

Staffordshire Children's Advice & Support Service- **0300 111 8007** 

In an emergency, contact the police- 999

CHARITY No: 1077687 CO.REG.No: 3575079

# Community Family Support Service

**Delivered by SCTSP** 



**Empowering Families & Supporting Communities** 

Supporting Families with Children Aged 0-18 (up to 25 with SEND)

